

## Daily Morning Prayer:

### Rite One

*Thursday, February 3, 2022*

*The Feast of St. Anskar*

### The Invitatory and Psalter

*Officiant* O Lord, open thou our lips.

*People* And our mouth shall show forth thy praise.

*Officiant and People*

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

*Officiant* Worship the Lord in the beauty of holiness.

*People* O come, let us adore him.

### **Venite** *Psalm 95:1-7*

O come, let us sing unto the Lord; \*

let us heartily rejoice in the strength of our salvation.

Let us come before his presence with thanksgiving \*

and show ourselves glad in him with psalms.

For the Lord is a great God, \*

and a great King above all gods.

In his hand are all the corners of the earth, \*

and the strength of the hills is his also.

The sea is his, and he made it, \*

and his hands prepared the dry land.

O come, let us worship and fall down, \*

and kneel before the Lord our Maker.

For he is the Lord our God, \*

and we are the people of his pasture

and the sheep of his hand.

O worship the Lord in the beauty of holiness; \*

let the whole earth stand in awe of him.

For he cometh, for he cometh to judge the earth, \*

and with righteousness to judge the world

and the peoples with his truth.

### **Psalm 70** *Deus, in adjutorium*

1 Be pleased, O God, to deliver me; \*

O LORD, make haste to help me.

2 Let those who seek my life be ashamed

and altogether dismayed; \*

let those who take pleasure in my misfortune  
draw back and be disgraced.

- 3 Let those who say to me "Aha!" and gloat over me turn back, \*  
because they are ashamed.
- 4 Let all who seek you rejoice and be glad in you; \*  
let those who love your salvation say for ever,  
"Great is the LORD!"
- 5 But as for me, I am poor and needy; \*  
come to me speedily, O God.
- 6 You are my helper and my deliverer; \*  
O LORD, do not tarry.

**Psalm 71** *In te, Domine, speravi*

- 1 In you, O LORD, have I taken refuge; \*  
let me never be ashamed.
- 2 In your righteousness, deliver me and set me free; \*  
incline your ear to me and save me.
- 3 Be my strong rock, a castle to keep me safe; \*  
you are my crag and my stronghold.
- 4 Deliver me, my God, from the hand of the wicked, \*  
from the clutches of the evildoer and the oppressor.
- 5 For you are my hope, O LORD God, \*  
my confidence since I was young.
- 6 I have been sustained by you ever since I was born;  
from my mother's womb you have been my strength; \*  
my praise shall be always of you.
- 7 I have become a portent to many; \*  
but you are my refuge and my strength.
- 8 Let my mouth be full of your praise \*  
and your glory all the day long.

- 9 Do not cast me off in my old age; \*  
forsake me not when my strength fails.
- 10 For my enemies are talking against me, \*  
and those who lie in wait for my life take counsel together.
- 11 They say, "God has forsaken him;  
go after him and seize him; \*  
because there is none who will save."
- 12 O God, be not far from me; \*  
come quickly to help me, O my God.
- 13 Let those who set themselves against me be put to shame and  
be disgraced; \*  
let those who seek to do me evil be covered with scorn  
and reproach.
- 14 But I shall always wait in patience, \*  
and shall praise you more and more.
- 15 My mouth shall recount your mighty acts  
and saving deeds all day long; \*  
though I cannot know the number of them.
- 16 I will begin with the mighty works of the Lord GOD; \*  
I will recall your righteousness, yours alone.
- 17 O God, you have taught me since I was young, \*  
and to this day I tell of your wonderful works.
- 18 And now that I am old and gray-headed, O God, do not  
forsake me, \*  
till I make known your strength to this generation  
and your power to all who are to come.
- 19 Your righteousness, O God, reaches to the heavens; \*  
you have done great things;  
who is like you, O God?

20 You have showed me great troubles and adversities, \*  
but you will restore my life  
and bring me up again from the deep places of the earth.

21 You strengthen me more and more; \*  
you enfold and comfort me,

22 Therefore I will praise you upon the lyre for your  
faithfulness, O my God; \*  
I will sing to you with the harp, O Holy One of Israel.

23 My lips will sing with joy when I play to you, \*  
and so will my soul, which you have redeemed.

24 My tongue will proclaim your righteousness all day long, \*  
for they are ashamed and disgraced who sought  
to do me harm.

*Glory to the Father, and to the Son, and to the Holy Spirit: \*  
As it was in the beginning, is now, and will be for ever. Amen.*

## The Lesson

*Officiant*      A Reading from the Letter to the Hebrews  
*Chapter 11 verse 32 through Chapter 12 verse 2*

And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets— who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated— of whom the world was not worthy—wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect. Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the joy that was set

before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.

*Officiant*      The Word of the Lord.  
*People*          Thanks be to God.

**2 A Song of Praise**    *Benedictus es, Domine*  
*Song of the Three Young Men, 29-34*

Blessed art thou, O Lord God of our fathers; \*  
    praised and exalted above all for ever.  
Blessed art thou for the name of thy Majesty; \*  
    praised and exalted above all for ever.  
Blessed art thou in the temple of thy holiness; \*  
    praised and exalted above all for ever.  
Blessed art thou that beholdest the depths,  
and dwellest between the Cherubim; \*  
    praised and exalted above all for ever.  
Blessed art thou on the glorious throne of thy kingdom; \*  
    praised and exalted above all for ever.  
Blessed art thou in the firmament of heaven; \*  
    praised and exalted above all for ever.  
Blessed art thou, O Father, Son, and Holy Spirit; \*  
    praised and exalted above all for ever.

**The Apostles' Creed**

I believe in God, the Father almighty,  
    maker of heaven and earth;  
And in Jesus Christ his only Son our Lord;  
    who was conceived by the Holy Ghost,  
    born of the Virgin Mary,  
    suffered under Pontius Pilate,  
    was crucified, dead, and buried.  
    He descended into hell.  
  
    The third day he rose again from the dead.  
    He ascended into heaven,  
    and sitteth on the right hand of God the Father almighty.  
    From thence he shall come to judge the quick and the dead.  
I believe in the Holy Ghost,  
    the holy catholic Church,  
    the communion of saints,  
    the forgiveness of sins,

the resurrection of the body,  
and the life everlasting. Amen.

## The Prayers

*Officiant*      The Lord be with you.

*People*          And with thy spirit.

*Officiant*      Let us pray.

### *Officiant and People*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.

## Suffrages A

V. O Lord, show thy mercy upon us;  
R. And grant us thy salvation.  
V. Endue thy ministers with righteousness;  
R. And make thy chosen people joyful.  
V. Give peace, O Lord, in all the world;  
R. For only in thee can we live in safety.  
V. Lord, keep this nation under thy care;  
R. And guide us in the way of justice and truth.  
V. Let thy way be known upon earth;  
R. Thy saving health among all nations.  
V. Let not the needy, O Lord, be forgotten;  
R. Nor the hope of the poor be taken away.  
V. Create in us clean hearts, O God;  
R. And sustain us with thy Holy Spirit.

### *The Officiant then says one or more Collects*

#### Collect of the Day

Almighty and everlasting God, who didst send thy servant  
Anskar as an apostle to the people of Scandinavia, and didst

enable him to lay a firm foundation for their conversion, though he did not see the results of his labors: Keep thy Church from discouragement in the day of small things, knowing that when thou hast begun a good work thou wilt bring it to a fruitful conclusion; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*

A Collect for the Renewal of Life on p. 56

O God, the King eternal, who dividest the day from the night and turnest the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep thy law, and guide our feet into the way of peace; that, having done thy will with cheerfulness while it was day, we may, when night cometh, rejoice to give thee thanks; through Jesus Christ our Lord. *Amen.*

A Collect for Mission on p. 57

Almighty and everlasting God, by whose Spirit the whole body of thy faithful people is governed and sanctified: Receive our supplications and prayers which we offer before thee for all members of thy holy Church, that in their vocation and ministry they may truly and godly serve thee; through our Lord and Savior Jesus Christ. *Amen.*

### **The Parish Prayer List**

*After the parish prayer list, the Officiant will offer a moment of silence.*

*Officiant*      Lord in thy mercy  
*All*              Hear our prayer.

### **The General Thanksgiving**

Almighty God, Father of all mercies,  
we thine unworthy servants  
do give thee most humble and hearty thanks  
for all thy goodness and loving-kindness  
to us and to all men.  
We bless thee for our creation, preservation,  
and all the blessings of this life;  
but above all for thine inestimable love  
in the redemption of the world by our Lord Jesus Christ;  
for the means of grace, and for the hope of glory.  
And, we beseech thee,  
give us that due sense of all thy mercies,  
that our hearts may be unfeignedly thankful;  
and that we show forth thy praise,

not only with our lips, but in our lives,  
by giving up our selves to thy service,  
and by walking before thee  
in holiness and righteousness all our days;  
through Jesus Christ our Lord,  
to whom, with thee and the Holy Ghost,  
be all honor and glory, world without end. *Amen.*

*Officiant* Let us bless the Lord.  
*All* Thanks be to God.

*Officiant* Glory to God whose power, working in us, can do infinitely  
more than we can ask or imagine: Glory to him from  
generation to generation in the Church, and in Christ Jesus  
for ever and ever. *Amen.*