

Online Morning Prayer Saturday 3 Lent Mar. 21, 2020

Officiant O Lord, open thou our lips.

People And our mouth shall show forth thy praise.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

The Lord is full of compassion and mercy: O come, let us adore him.

Venite *Psalm 95:1-7*

O come, let us sing unto the Lord; *

let us heartily rejoice in the strength of our salvation.

Let us come before his presence with thanksgiving *

and show ourselves glad in him with psalms.

For the Lord is a great God, *

and a great King above all gods.

In his hand are the corners of the earth, *

and the strength of the hills is his also.

The sea is his, and he made it, *

and his hands prepared the dry land.

O come, let us worship and fall down, *

and kneel before the Lord our Maker.

For he is the Lord our God, *

and we are the people of his pasture

and the sheep of his hand.

O worship the Lord in the beauty of holiness; *

let the whole earth stand in awe of him.

For he cometh, for he cometh to judge the earth, *

and with righteousness to judge the world

and the peoples with his truth.

Psalm 87 *Fundamenta ejus*

1 On the holy mountain stands the city he has founded; *
the LORD loves the gates of Zion
more than all the dwellings of Jacob.

2 Glorious things are spoken of you, *
O city of our God.

3 I count Egypt and Babylon among those who know me; *
behold Philistia, Tyre, and Ethiopia:
in Zion were they born.

- 4 Of Zion it shall be said, "Everyone was born in her, *
and the Most High himself shall sustain her."
5 The LORD will record as he enrolls the peoples, *
"These also were born there."
6 The singers and the dancers will say, *
"All my fresh springs are in you."

Psalm 90 *Domine, refugium*

- 1 Lord, you have been our refuge *
from one generation to another.
2 Before the mountains were brought forth,
or the land and the earth were born, *
from age to age you are God.
3 You turn us back to the dust and say, *
"Go back, O child of earth."
4 For a thousand years in your sight are like yesterday
when it is past *
and like a watch in the night.
5 You sweep us away like a dream; *
we fade away suddenly like the grass.
6 In the morning it is green and flourishes; *
in the evening it is dried up and withered.
7 For we consume away in your displeasure; *
we are afraid because of your wrathful indignation.
8 Our iniquities you have set before you, *
and our secret sins in the light of your countenance.
9 When you are angry, all our days are gone; *
we bring our years to an end like a sigh.
10 The span of our life is seventy years,
perhaps in strength even eighty; *
yet the sum of them is but labor and sorrow,
for they pass away quickly and we are gone.
11 Who regards the power of your wrath? *
who rightly fears your indignation?
12 So teach us to number our days *
that we may apply our hearts to wisdom.
13 Return, O LORD; how long will you tarry? *
be gracious to your servants.

- 14 Satisfy us by your loving-kindness in the morning; *
 so shall we rejoice and be glad all the days of our life.
- 15 Make us glad by the measure of the days that you afflicted us *
 and the years in which we suffered adversity.
- 16 Show your servants your works *
 and your splendor to their children.
- 17 May the graciousness of the LORD our God be upon us; *
 prosper the work of our hands;
 prosper our handiwork.

A Reading from the First Letter of Paul to the Corinthians. 1 Corinthians 10:1-13

I want you to know, brethren, that our fathers were all under the cloud, and all passed through the sea, ² and all were baptized into Moses in the cloud and in the sea, ³ and all ate the same supernatural food ⁴ and all drank the same supernatural drink. For they drank from the supernatural Rock which followed them, and the Rock was Christ. ⁵ Nevertheless with most of them God was not pleased; for they were overthrown in the wilderness. ⁶ Now these things are warnings for us, not to desire evil as they did. ⁷ Do not be idolaters as some of them were; as it is written, “The people sat down to eat and drink and rose up to dance.” ⁸ We must not indulge in immorality as some of them did, and twenty-three thousand fell in a single day. ⁹ We must not put the Lord to the test, as some of them did and were destroyed by serpents; ¹⁰ nor grumble, as some of them did and were destroyed by the Destroyer. ¹¹ Now these things happened to them as a warning, but they were written down for our instruction, upon whom the end of the ages has come. ¹² Therefore let any one who thinks that he stands take heed lest he fall. ¹³ No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your strength, but with the temptation will also provide the way of escape, that you may be able to endure it.

The Word of the Lord. Thanks be to God.

4 The Song of Zechariah *Benedictus Dominus Deus*

Blessed be the Lord God of Israel, *
 for he hath visited and redeemed his people;
 And hath raised up a mighty salvation for us *
 in the house of his servant David,
 As he spake by the mouth of his holy prophets, *
 which have been since the world began:
 That we should be saved from our enemies, *
 and from the hand of all that hate us;
 To perform the mercy promised to our forefathers, *
 and to remember his holy covenant;
 To perform the oath which he sware to our forefather Abraham, *
 that he would give us,
 That we being delivered out of the hand of our enemies *

might serve him without fear,
In holiness and righteousness before him, *
all the days of our life.

And thou, child, shalt be called the prophet of the Highest, *
for thou shalt go before the face of the Lord
to prepare his ways;

To give knowledge of salvation unto his people *
for the remission of their sins,

Through the tender mercy of our God, *
whereby the dayspring from on high hath visited us;

To give light to them that sit in darkness
and in the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Apostles' Creed

I believe in God, the Father almighty,
maker of heaven and earth;
And in Jesus Christ his only Son our Lord;
who was conceived by the Holy Ghost,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead, and buried.
He descended into hell.

The third day he rose again from the dead.
He ascended into heaven,
and sitteth on the right hand of God the Father almighty.
From thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Officiant The Lord be with you.

People And with thy spirit.

Officiant Let us pray.

Officiant and People

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,

on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.

Suffrages A

V. O Lord, show thy mercy upon us;
R. And grant us thy salvation.
V. Endue thy ministers with righteousness;
R. And make thy chosen people joyful.
V. Give peace, O Lord, in all the world;
R. For only in thee can we live in safety.
V. Lord, keep this nation under thy care;
R. And guide us in the way of justice and truth.
V. Let thy way be known upon earth;
R. Thy saving health among all nations.
V. Let not the needy, O Lord, be forgotten;
R. Nor the hope of the poor be taken away.
V. Create in us clean hearts, O God;
R. And sustain us with your Holy Spirit.

Collect of the Day

Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*

A Collect for Saturdays

Almighty God, who after the creation of the world didst rest from all thy works and sanctify a day of rest for all thy creatures: Grant that we, putting away all earthly anxieties, may be duly prepared for the service of thy sanctuary, and that our rest here upon earth may be a preparation for the eternal rest promised to thy people in heaven; through Jesus Christ our Lord. *Amen.*

First Collect on p. 58

O God, who hast made of one blood all the peoples of the earth, and didst send thy blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after thee and find thee; bring the

nations into thy fold; pour out thy Spirit upon all flesh; and hasten the coming of thy kingdom; through the same thy Son Jesus Christ our Lord. *Amen.*

Parish Prayer list.

I bid your personal prayers here.... [silence for a time].

Lord in thy mercy, hear our prayer.

The General Thanksgiving

Almighty God, Father of all mercies,
we thine unworthy servants
do give thee most humble and hearty thanks
for all thy goodness and loving-kindness
to us and to all men.
We bless thee for our creation, preservation,
and all the blessings of this life;
but above all for thine inestimable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we beseech thee,
give us that due sense of all thy mercies,
that our hearts may be unfeignedly thankful;
and that we show forth thy praise,
not only with our lips, but in our lives,
by giving up our selves to thy service,
and by walking before thee
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with thee and the Holy Ghost,
be all honor and glory, world without end. *Amen.*

Let us bless the Lord. Thanks be to God.

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. *Amen.*