

Online Morning Prayer Friday 3 Lent Mar. 20, 2020

Officiant O Lord, open thou our lips.

People And our mouth shall show forth thy praise.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

The Lord is full of compassion and mercy: O come, let us adore him.

Venite *Psalm 95:1-7*

O come, let us sing unto the Lord; *
let us heartily rejoice in the strength of our salvation.
Let us come before his presence with thanksgiving *
and show ourselves glad in him with psalms.

For the Lord is a great God, *
and a great King above all gods.
In his hand are the corners of the earth, *
and the strength of the hills is his also.
The sea is his, and he made it, *
and his hands prepared the dry land.

O come, let us worship and fall down, *
and kneel before the Lord our Maker.
For he is the Lord our God, *
and we are the people of his pasture
and the sheep of his hand.

O worship the Lord in the beauty of holiness; *
let the whole earth stand in awe of him.
For he cometh, for he cometh to judge the earth, *
and with righteousness to judge the world
and the peoples with his truth.

Psalm 88 *Domine, Deus*

- 1 O LORD, my God, my Savior, *
by day and night I cry to you.
- 2 Let my prayer enter into your presence; *
incline your ear to my lamentation.
- 3 For I am full of trouble; *
my life is at the brink of the grave.
- 4 I am counted among those who go down to the Pit; *
I have become like one who has no strength;
- 5 Lost among the dead, *
like the slain who lie in the grave,

- 6 Whom you remember no more, *
for they are cut off from your hand.
- 7 You have laid me in the depths of the Pit, *
in dark places, and in the abyss.
- 8 Your anger weighs upon me heavily, *
and all your great waves overwhelm me.
- 9 You have put my friends far from me;
you have made me to be abhorred by them; *
I am in prison and cannot get free.
- 10 My sight has failed me because of trouble; *
LORD, I have called upon you daily;
I have stretched out my hands to you.
- 11 Do you work wonders for the dead? *
will those who have died stand up and give you thanks?
- 12 Will your loving-kindness be declared in the grave? *
your faithfulness in the land of destruction?
- 13 Will your wonders be known in the dark? *
or your righteousness in the country where all
is forgotten?
- 14 But as for me, O LORD, I cry to you for help; *
in the morning my prayer comes before you.
- 15 LORD, why have you rejected me? *
why have you hidden your face from me?
- 16 Ever since my youth, I have been wretched and at the
point of death; *
I have borne your terrors with a troubled mind.
- 17 Your blazing anger has swept over me; *
your terrors have destroyed me;
- 18 They surround me all day long like a flood; *
they encompass me on every side.
- 19 My friend and my neighbor you have put away from me, *
and darkness is my only companion.

A Reading from the First Letter of Paul to the Corinthians. 1 Corinthians 9:16-27

¹⁶ For if I preach the gospel, that gives me no ground for boasting. For necessity is laid upon me. Woe to me if I do not preach the gospel! ¹⁷ For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. ¹⁸ What then is my reward? Just this: that in my preaching I may make the gospel free of charge, not making full use of my right in the gospel. ¹⁹ For though I am free from all men, I have made myself a slave to all, that I might win the more. ²⁰ To the Jews I became as a Jew, in order to win Jews; to those under the law I became as one under the law—though not being myself under the law—that I might win those under the law. ²¹ To those outside the law I became as one outside the law—not being without law toward God but under the law of Christ—that I might

win those outside the law. ²² To the weak I became weak, that I might win the weak. I have become all things to all men, that I might by all means save some. ²³ I do it all for the sake of the gospel, that I may share in its blessings. ²⁴ Do you not know that in a race all the runners compete, but only one receives the prize? So run that you may obtain it. ²⁵ Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an imperishable. ²⁶ Well, I do not run aimlessly, I do not box as one beating the air; ²⁷ but I pommel my body and subdue it, lest after preaching to others I myself should be disqualified.

The Word of the Lord. Thanks be to God.

4 The Song of Zechariah *Benedictus Dominus Deus*

Blessed be the Lord God of Israel, *
for he hath visited and redeemed his people;
And hath raised up a mighty salvation for us *
in the house of his servant David,
As he spake by the mouth of his holy prophets, *
which have been since the world began:
That we should be saved from our enemies, *
and from the hand of all that hate us;
To perform the mercy promised to our forefathers, *
and to remember his holy covenant;
To perform the oath which he sware to our forefather Abraham, *
that he would give us,
That we being delivered out of the hand of our enemies *
might serve him without fear,
In holiness and righteousness before him, *
all the days of our life.

And thou, child, shalt be called the prophet of the Highest, *
for thou shalt go before the face of the Lord
to prepare his ways;
To give knowledge of salvation unto his people *
for the remission of their sins,
Through the tender mercy of our God, *
whereby the dayspring from on high hath visited us;
To give light to them that sit in darkness
and in the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Apostles' Creed

I believe in God, the Father almighty,
maker of heaven and earth;
And in Jesus Christ his only Son our Lord;
who was conceived by the Holy Ghost,

born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead, and buried.
He descended into hell.

The third day he rose again from the dead.
He ascended into heaven,
and sitteth on the right hand of God the Father almighty.
From thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Officiant The Lord be with you.

People And with thy spirit.

Officiant Let us pray.

Officiant and People

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
 on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
 as we forgive those who trespass against us.
And lead us not into temptation,
 but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
 for ever and ever. Amen.

Suffrages A

V. O Lord, show thy mercy upon us;
R. And grant us thy salvation.
V. Endue thy ministers with righteousness;
R. And make thy chosen people joyful.
V. Give peace, O Lord, in all the world;
R. For only in thee can we live in safety.
V. Lord, keep this nation under thy care;
R. And guide us in the way of justice and truth.
V. Let thy way be known upon earth;
R. Thy saving health among all nations.
V. Let not the needy, O Lord, be forgotten;
R. Nor the hope of the poor be taken away.

- V. Create in us clean hearts, O God;
- R. And sustain us with your Holy Spirit.

Collect of the Day

Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*

A Collect for Fridays

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through the same thy Son Jesus Christ our Lord. *Amen.*

Second Collect on p. 58

Lord Jesus Christ, who didst stretch out thine arms of love on the hard wood of the cross that everyone might come within the reach of thy saving embrace: So clothe us in thy Spirit that we, reaching forth our hands in love, may bring those who do not know thee to the knowledge and love of thee; for the honor of thy Name. *Amen.*

Parish Prayer list.

For those in special need			Traveling
Sally	Carter	Jerry	Kat & Austin
Tessa	Thomas	Kelly	Kerry, Peggy
Josie	Gail	Meagan	Tera
Rod	Carolyn	Ellen	Hollis
Terresa	Pam		
Johnson	Suzanne		Thanksgiving
Ed	Carol		Patrick
			Spirited Sisters
			Flower Guild
For those in harms way or recovering from battle			
Aleyska	Daniel	Jess	Peggy
Alexander	Diego	Jessica	Peter
Allan	Douglas	John x3	Race
Andrew	Drew	Junior	Robert x2
Betina	Edward	Kolin	Ryan
Bob	Grant	Manton	Seth
Brent	Hannah	Martin	Shaw
Chris	Houston	Neil	Thomas x3

Christopher	Hunter	Nicholas	Tim
Cody	Iain	Patrick	Will
Collin	Jachin	Paul x2	Wyatt
Colton	Jeramiah		

I bid your personal prayers here.... [silence for a time].

Lord in thy mercy, hear our prayer.

The General Thanksgiving

Almighty God, Father of all mercies,
we thine unworthy servants
do give thee most humble and hearty thanks
for all thy goodness and loving-kindness
to us and to all men.
We bless thee for our creation, preservation,
and all the blessings of this life;
but above all for thine inestimable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
we beseech thee,
give us that due sense of all thy mercies,
that our hearts may be unfeignedly thankful;
and that we show forth thy praise,
not only with our lips, but in our lives,
by giving up our selves to thy service,
and by walking before thee
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with thee and the Holy Ghost,
be all honor and glory, world without end. *Amen.*

Let us bless the Lord. Thanks be to God.

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. *Amen.*