

## Daily Morning Prayer:

### Rite One

*Tuesday, March 9, 2021*

*The Feast of St. Gregory of Nyssa*

#### The Invitatory and Psalter

*Officiant* O Lord, open thou our lips.

*People* And our mouth shall show forth thy praise.

*Officiant and People*

Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be for ever. Amen.

*Officiant* The Lord is full of compassion and mercy.

*People* O come, let us adore him.

#### **Venite** *Psalm 95:1-7*

O come, let us sing unto the Lord; \*

let us heartily rejoice in the strength of our salvation.

Let us come before his presence with thanksgiving \*

and show ourselves glad in him with psalms.

For the Lord is a great God, \*

and a great King above all gods.

In his hand are all the corners of the earth, \*

and the strength of the hills is his also.

The sea is his, and he made it, \*

and his hands prepared the dry land.

O come, let us worship and fall down, \*

and kneel before the Lord our Maker.

For he is the Lord our God, \*

and we are the people of his pasture

and the sheep of his hand.

O worship the Lord in the beauty of holiness; \*

let the whole earth stand in awe of him.

For he cometh, for he cometh to judge the earth, \*

and with righteousness to judge the world

and the peoples with his truth.

## Psalm 78

### Part I *Attendite, popule*

- 1 Hear my teaching, O my people; \*  
incline your ears to the words of my mouth.
- 2 I will open my mouth in a parable; \*  
I will declare the mysteries of ancient times.
- 3 That which we have heard and known,  
and what our forefathers have told us, \*  
we will not hide from their children.
- 4 We will recount to generations to come  
the praiseworthy deeds and the power of the LORD, \*  
and the wonderful works he has done.
- 5 He gave his decrees to Jacob  
and established a law for Israel, \*  
which he commanded them to teach their children;
- 6 That the generations to come might know,  
and the children yet unborn; \*  
that they in their turn might tell it to their children;
- 7 So that they might put their trust in God, \*  
and not forget the deeds of God,  
but keep his commandments;
- 8 And not be like their forefathers,  
a stubborn and rebellious generation, \*  
a generation whose heart was not steadfast,  
and whose spirit was not faithful to God.
- 9 The people of Ephraim, armed with the bow, \*  
turned back in the day of battle;
- 10 They did not keep the covenant of God, \*  
and refused to walk in his law;

- 11 They forgot what he had done, \*  
and the wonders he had shown them.
- 12 He worked marvels in the sight of their forefathers, \*  
in the land of Egypt, in the field of Zoan.
- 13 He split open the sea and let them pass through; \*  
he made the waters stand up like walls.
- 14 He led them with a cloud by day, \*  
and all the night through with a glow of fire.
- 15 He split the hard rocks in the wilderness \*  
and gave them drink as from the great deep.
- 16 He brought streams out of the cliff, \*  
and the waters gushed out like rivers.
- 17 But they went on sinning against him, \*  
rebellng in the desert against the Most High.
- 18 They tested God in their hearts, \*  
demanding food for their craving.
- 19 They railed against God and said, \*  
"Can God set a table in the wilderness?"
- 20 True, he struck the rock, the waters gushed out, and the  
gullies overflowed; \*  
but is he able to give bread  
or to provide meat for his people?"
- 21 When the LORD heard this, he was full of wrath; \*  
a fire was kindled against Jacob,  
and his anger mounted against Israel;
- 22 For they had no faith in God, \*  
nor did they put their trust in his saving power.
- 23 So he commanded the clouds above \*  
and opened the doors of heaven.

- 24 He rained down manna upon them to eat \*  
and gave them grain from heaven.
- 25 So mortals ate the bread of angels; \*  
he provided for them food enough.
- 26 He caused the east wind to blow in the heavens \*  
and led out the south wind by his might.
- 27 He rained down flesh upon them like dust \*  
and wingèd birds like the sand of the sea.
- 28 He let it fall in the midst of their camp \*  
and round about their dwellings.
- 29 So they ate and were well filled, \*  
for he gave them what they craved.
- 30 But they did not stop their craving, \*  
though the food was still in their mouths.
- 31 So God's anger mounted against them; \*  
he slew their strongest men  
and laid low the youth of Israel.
- 32 In spite of all this, they went on sinning \*  
and had no faith in his wonderful works.
- 33 So he brought their days to an end like a breath \*  
and their years in sudden terror.
- 34 Whenever he slew them, they would seek him, \*  
and repent, and diligently search for God.
- 35 They would remember that God was their rock, \*  
and the Most High God their redeemer.
- 36 But they flattered him with their mouths \*  
and lied to him with their tongues.

37 Their heart was not steadfast toward him, \*  
and they were not faithful to his covenant.

38 But he was so merciful that he forgave their sins  
and did not destroy them; \*  
many times he held back his anger  
and did not permit his wrath to be roused.

39 For he remembered that they were but flesh, \*  
a breath that goes forth and does not return.

*Glory to the Father, and to the Son, and to the Holy Spirit: \*  
As it was in the beginning, is now, and will be for ever. Amen.*

## The Lesson

*Officiant*        A Reading from the Letter of Paul to the Romans  
*Chapter 4 verses 13 through 25*

The promise to Abraham and his descendants, that they should inherit the world, did not come through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath, but where there is no law there is no transgression. That is why it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants—not only to the adherents of the law but also to those who share the faith of Abraham, for he is the father of us all, as it is written, “I have made you the father of many nations”—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. In hope he believed against hope, that he should become the father of many nations; as he had been told, “So shall your descendants be.” He did not weaken in faith when he considered his own body, which was as good as dead because he was about a hundred years old, or when he considered the barrenness of Sarah’s womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, fully convinced that God was able to do what he had promised. That is why his faith was “reckoned to him as righteousness.” But the words, “it was reckoned to him,” were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him that raised from the dead Jesus our Lord, who was put to death for our trespasses and raised for our justification.

*Officiant*        The Word of the Lord.  
*People*            Thanks be to God.

#### **4 The Song of Zechariah**    *Benedictus Dominus Deus*

Blessed be the Lord God of Israel, \*  
for he hath visited and redeemed his people;  
And hath raised up a mighty salvation for us \*  
in the house of his servant David,  
As he spake by the mouth of his holy prophets, \*  
which have been since the world began:  
That we should be saved from our enemies, \*  
and from the hand of all that hate us;  
To perform the mercy promised to our forefathers, \*  
and to remember his holy covenant;  
To perform the oath which he sware to our forefather Abraham, \*  
that he would give us,  
That we being delivered out of the hand of our enemies \*  
might serve him without fear,  
In holiness and righteousness before him, \*  
all the days of our life.

And thou, child, shalt be called the prophet of the Highest, \*  
for thou shalt go before the face of the Lord  
to prepare his ways;  
To give knowledge of salvation unto his people \*  
for the remission of their sins,  
Through the tender mercy of our God, \*  
whereby the dayspring from on high hath visited us;  
To give light to them that sit in darkness  
and in the shadow of death, \*  
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

#### **The Apostles' Creed**

I believe in God, the Father almighty,  
maker of heaven and earth;  
And in Jesus Christ his only Son our Lord;  
who was conceived by the Holy Ghost,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, dead, and buried.  
He descended into hell.

The third day he rose again from the dead.  
He ascended into heaven,  
and sitteth on the right hand of God the Father almighty.  
From thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

## The Prayers

*Officiant*      The Lord be with you.

*People*          And with thy spirit.

*Officiant*      Let us pray.

### *Officiant and People*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.

## Suffrages A

V. O Lord, show thy mercy upon us;  
R. And grant us thy salvation.  
V. Endue thy ministers with righteousness;  
R. And make thy chosen people joyful.  
V. Give peace, O Lord, in all the world;  
R. For only in thee can we live in safety.  
V. Lord, keep this nation under thy care;  
R. And guide us in the way of justice and truth.  
V. Let thy way be known upon earth;  
R. Thy saving health among all nations.  
V. Let not the needy, O Lord, be forgotten;  
R. Nor the hope of the poor be taken away.  
V. Create in us clean hearts, O God;  
R. And sustain us with thy Holy Spirit.

*The Officiant then says one or more Collects*

**Collect of the Day**

Almighty God, who hast revealed to thy Church thine eternal Being of glorious majesty and perfect love as one God in Trinity of Persons: Give us grace that, like thy bishop Gregory of Nyssa, we may continue steadfast in the confession of this faith, and constant in our worship of thee, Father, Son, and Holy Spirit; who livest and reignest now and for ever. *Amen.*

**A Collect for the Renewal of Life on p. 56**

O God, the King eternal, who dividest the day from the night and turnest the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep thy law, and guide our feet into the way of peace; that, having done thy will with cheerfulness while it was day, we may, when night cometh, rejoice to give thee thanks; through Jesus Christ our Lord. *Amen.*

**A Collect for Mission on p. 57**

Almighty and everlasting God, by whose Spirit the whole body of thy faithful people is governed and sanctified: Receive our supplications and prayers which we offer before thee for all members of thy holy Church, that in their vocation and ministry they may truly and godly serve thee; through our Lord and Savior Jesus Christ. *Amen.*

**A Collect for the Unity of the Human Family**

O God, thou hast made us in thine own image and redeemed us through thy Son Jesus Christ, the Prince of Peace: Give us grace seriously to lay to heart the great dangers we are in by our unhappy and unjust divisions; look with compassion on the whole human family; take away the arrogance and hatred which infect our hearts; break down the walls that separate us; and work through our struggles and confusion to accomplish thy purposes on earth; that we may be united in one holy bond of truth, and justice, peace, and love; through Jesus Christ our Lord. *Amen.*

**The Parish Prayer List**

*After the parish prayer list, the Officiant will offer a moment of silence.*

*Officiant*      Lord in thy mercy  
*All*              Hear our prayer.



## The General Thanksgiving

Almighty God, Father of all mercies,  
we thine unworthy servants  
do give thee most humble and hearty thanks  
for all thy goodness and loving-kindness  
to us and to all men.

We bless thee for our creation, preservation,  
and all the blessings of this life;  
but above all for thine inestimable love  
in the redemption of the world by our Lord Jesus Christ;  
for the means of grace, and for the hope of glory.

And, we beseech thee,  
give us that due sense of all thy mercies,  
that our hearts may be unfeignedly thankful;  
and that we show forth thy praise,  
not only with our lips, but in our lives,  
by giving up our selves to thy service,  
and by walking before thee  
in holiness and righteousness all our days;  
through Jesus Christ our Lord,  
to whom, with thee and the Holy Ghost,  
be all honor and glory, world without end. *Amen.*

*Officiant* Let us bless the Lord.

*All* Thanks be to God.

*Officiant* Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. *Amen.*