

Daily Morning Prayer:

Rite One

Friday, March 18, 2022

The Feast of St. Cyril of Jerusalem

The Invitatory and Psalter

Officiant O Lord, open thou our lips.

People And our mouth shall show forth thy praise.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Officiant The Lord is full of compassion and mercy:

People O come, let us adore him.

The Invitatory, Psalm 95

O come, let us sing unto the LORD; *

let us heartily rejoice in the strength of our salvation.

Let us come before his presence with thanksgiving *

and show ourselves glad in him with psalms.

For the LORD is a great God, *

and a great King above all gods.

In his hand are all the corners of the earth, *

and the strength of the hills is his also.

The sea is his, and he made it, *

and his hands prepared the dry land.

O come, let us worship and fall down, *

and kneel before the LORD our Maker.

For he is the LORD our God, *

and we are the people of his pasture

and the sheep of his hand.

O worship the LORD in the beauty of holiness; *

let the whole earth stand in awe of him.

For he cometh, for he cometh to judge the earth, *

and with righteousness to judge the world

and the peoples with his truth.

Harden not your hearts,

as your forebears did in the wilderness, *

at Meribah, and on that day at Massah,

when they tempted me.

They put me to the test, *

though they had seen my works.

Forty years long I detested that generation and said, *
"This people are wayward in their hearts;
they do not know my ways."
So I swore in my wrath, *
"They shall not enter into my rest."

Psalm 69 *Salvum me fac*

- 1 Save me, O God, *
for the waters have risen up to my neck.

- 2 I am sinking in deep mire, *
and there is no firm ground for my feet.

- 3 I have come into deep waters, *
and the torrent washes over me.

- 4 I have grown weary with my crying;
my throat is inflamed; *
my eyes have failed from looking for my God.

- 5 Those who hate me without a cause are more than the hairs
of my head;
my lying foes who would destroy me are mighty. *
Must I then give back what I never stole?

- 6 O God, you know my foolishness, *
and my faults are not hidden from you.

- 7 Let not those who hope in you be put to shame through me,
Lord GOD of hosts; *
let not those who seek you be disgraced because of me,
O God of Israel.

- 8 Surely, for your sake have I suffered reproach, *
and shame has covered my face.

- 9 I have become a stranger to my own kindred, *
an alien to my mother's children.

- 10 Zeal for your house has eaten me up; *
the scorn of those who scorn you has fallen upon me.

- 11 I humbled myself with fasting, *
but that was turned to my reproach.
- 12 I put on sack-cloth also, *
and became a byword among them.
- 13 Those who sit at the gate murmur against me, *
and the drunkards make songs about me.
- 14 But as for me, this is my prayer to you, *
at the time you have set, O LORD:
- 15 "In your great mercy, O God, *
answer me with your unfailing help.
- 16 Save me from the mire; do not let me sink; *
let me be rescued from those who hate me
and out of the deep waters.
- 17 Let not the torrent of waters wash over me,
neither let the deep swallow me up; *
do not let the Pit shut its mouth upon me.
- 18 Answer me, O LORD, for your love is kind; *
in your great compassion, turn to me."
- 19 "Hide not your face from your servant; *
be swift and answer me, for I am in distress.
- 20 Draw near to me and redeem me; *
because of my enemies deliver me.
- 21 You know my reproach, my shame, and my dishonor; *
my adversaries are all in your sight."
- 22 Reproach has broken my heart, and it cannot be healed; *
I looked for sympathy, but there was none,
for comforters, but I could find no one.
- 23 They gave me gall to eat, *
and when I was thirsty, they gave me vinegar to drink.

- 24 Let the table before them be a trap *
and their sacred feasts a snare.
- 25 Let their eyes be darkened, that they may not see, *
and give them continual trembling in their loins.
- 26 Pour out your indignation upon them, *
and let the fierceness of your anger overtake them.
- 27 Let their camp be desolate, *
and let there be none to dwell in their tents.
- 28 For they persecute him whom you have stricken *
and add to the pain of those whom you have pierced.
- 29 Lay to their charge guilt upon guilt, *
and let them not receive your vindication.
- 30 Let them be wiped out of the book of the living *
and not be written among the righteous.
- 31 As for me, I am afflicted and in pain; *
your help, O God, will lift me up on high.
- 32 I will praise the Name of God in song; *
I will proclaim his greatness with thanksgiving.
- 33 This will please the LORD more than an offering of oxen, *
more than bullocks with horns and hoofs.
- 34 The afflicted shall see and be glad; *
you who seek God, your heart shall live.
- 35 For the LORD listens to the needy, *
and his prisoners he does not despise.
- 36 Let the heavens and the earth praise him, *
the seas and all that moves in them;

37 For God will save Zion and rebuild the cities of Judah; *
they shall live there and have it in possession.

38 The children of his servants will inherit it, *
and those who love his Name will dwell therein.

*Glory to the Father, and to the Son, and to the Holy Spirit: *
As it was in the beginning, is now, and will be for ever. Amen.*

The Lesson

Officiant A Reading from the First Letter of Paul to the Corinthians
Chapter 7 verses 1 through 9

Now concerning the matters about which you wrote. It is well for a man not to touch a woman. But because of the temptation to immorality, each man should have his own wife and each woman her own husband. The husband should give to his wife her conjugal rights, and likewise the wife to her husband. For the wife does not rule over her own body, but the husband does; likewise the husband does not rule over his own body, but the wife does. Do not refuse one another except perhaps by agreement for a season, that you may devote yourselves to prayer; but then come together again, lest Satan tempt you through lack of self-control. I say this by way of concession, not of command. I wish that all were as I myself am. But each has his own special gift from God, one of one kind and one of another. To the unmarried and the widows I say that it is well for them to remain single as I do. But if they cannot exercise self-control, they should marry. For it is better to marry than to be aflame with passion.

Officiant The Word of the Lord.
People Thanks be to God.

14 A Song of Penitence *Kyrie Pantokrator* *Prayer of Manasseh 1-2, 4, 6-7, 11-15*

O Lord and Ruler of the hosts of heaven, *
God of Abraham, Isaac, and Jacob,
and of all their righteous offspring:
You made the heavens and the earth, *
with all their vast array.
All things quake with fear at your presence; *
they tremble because of your power.
But your merciful promise is beyond all measure; *
it surpasses all that our minds can fathom.

O Lord, you are full of compassion, *
long-suffering, and abounding in mercy.
You hold back your hand; *
you do not punish as we deserve.
In your great goodness, Lord,
you have promised forgiveness to sinners, *
that they may repent of their sin and be saved.
And now, O Lord, I bend the knee of my heart, *
and make my appeal, sure of your gracious goodness.
I have sinned, O Lord, I have sinned, *
and I know my wickedness only too well.
Therefore I make this prayer to you: *
Forgive me, Lord, forgive me.
Do not let me perish in my sin, *
nor condemn me to the depths of the earth.
For you, O Lord, are the God of those who repent, *
and in me you will show forth your goodness.
Unworthy as I am, you will save me,
in accordance with your great mercy, *
and I will praise you without ceasing all the days of my life.
For all the powers of heaven sing your praises, *
and yours is the glory to ages of ages. Amen.

The Apostles' Creed

I believe in God, the Father almighty,
maker of heaven and earth;
And in Jesus Christ his only Son our Lord;
who was conceived by the Holy Ghost,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead, and buried.
He descended into hell.

The third day he rose again from the dead.
He ascended into heaven,
and sitteth on the right hand of God the Father almighty.
From thence he shall come to judge the quick and the dead.
I believe in the Holy Ghost,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers

Officiant The Lord be with you.

People And with thy spirit.

Officiant Let us pray.

Officiant and People

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
 on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
 as we forgive those who trespass against us.
And lead us not into temptation,
 but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
 for ever and ever. Amen.

Suffrages A

V. O Lord, show thy mercy upon us;
R. And grant us thy salvation.
V. Endue thy ministers with righteousness;
R. And make thy chosen people joyful.
V. Give peace, O Lord, in all the world;
R. For only in thee can we live in safety.
V. Lord, keep this nation under thy care;
R. And guide us in the way of justice and truth.
V. Let thy way be known upon earth;
R. Thy saving health among all nations.
V. Let not the needy, O Lord, be forgotten;
R. Nor the hope of the poor be taken away.
V. Create in us clean hearts, O God;
R. And sustain us with thy Holy Spirit.

The Officiant then says one or more Collects

Collect of the Day

Strengthen, O Lord, we beseech thee, the bishops of thy Church in their special calling to be teachers and ministers of the Sacraments, that they, like thy servant Cyril of Jerusalem, may effectively instruct thy people in Christian faith and practice; and that we, taught by them, may enter more fully into the celebration of the Paschal

mystery; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. *Amen.*

A Collect for Fridays on p. 56

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through the same thy Son Jesus Christ our Lord. *Amen.*

A Collect for Mission on p. 58

Lord Jesus Christ, who didst stretch out thine arms of love on the hard wood of the cross that everyone might come within the reach of thy saving embrace: So clothe us in thy Spirit that we, reaching forth our hands in love, may bring those who do not know thee to the knowledge and love of thee; for the honor of thy Name. *Amen.*

The Parish Prayer List

After the parish prayer list, the Officiant will offer a moment of silence.

Officiant Lord in thy mercy
All Hear our prayer.

The General Thanksgiving

Almighty God, Father of all mercies,
we thine unworthy servants
do give thee most humble and hearty thanks
for all thy goodness and loving-kindness
to us and to all men.
We bless thee for our creation, preservation,
and all the blessings of this life;
but above all for thine inestimable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we beseech thee,
give us that due sense of all thy mercies,
that our hearts may be unfeignedly thankful;
and that we show forth thy praise,
not only with our lips, but in our lives,
by giving up our selves to thy service,
and by walking before thee
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with thee and the Holy Ghost,
be all honor and glory, world without end. *Amen.*

Officiant
All

Let us bless the Lord.
Thanks be to God.

Officiant

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. *Amen.*