

## Daily Morning Prayer:

### Rite One

March 31, 2021

Wednesday in Holy Week

Today's parish prayer list is available [here](#) for you to download and use later during Morning Prayer.

### The Invitatory and Psalter

*Officiant* O Lord, open thou our lips.

*People* And our mouth shall show forth thy praise.

*Officiant and People*

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

*Officiant* The Lord is full of compassion and mercy:

*People* O come, let us adore him.

### **Venite** *Psalm 95:1-7*

O come, let us sing unto the Lord; \*

let us heartily rejoice in the strength of our salvation.

Let us come before his presence with thanksgiving \*

and show ourselves glad in him with psalms.

For the Lord is a great God, \*

and a great King above all gods.

In his hand are all the corners of the earth, \*

and the strength of the hills is his also.

The sea is his, and he made it, \*

and his hands prepared the dry land.

O come, let us worship and fall down, \*

and kneel before the Lord our Maker.

For he is the Lord our God, \*

and we are the people of his pasture

and the sheep of his hand.

O worship the Lord in the beauty of holiness; \*

let the whole earth stand in awe of him.

For he cometh, for he cometh to judge the earth, \*

and with righteousness to judge the world

and the peoples with his truth.

**Psalm 55**     *Exaudi, Deus*

- 1 Hear my prayer, O God; \*  
do not hide yourself from my petition.
- 2 Listen to me and answer me; \*  
I have no peace, because of my cares.
- 3 I am shaken by the noise of the enemy \*  
and by the pressure of the wicked;
- 4 For they have cast an evil spell upon me \*  
and are set against me in fury.
- 5 My heart quakes within me, \*  
and the terrors of death have fallen upon me.
- 6 Fear and trembling have come over me, \*  
and horror overwhelms me.
- 7 And I said, "Oh, that I had wings like a dove! \*  
I would fly away and be at rest.
- 8 I would flee to a far-off place \*  
and make my lodging in the wilderness.
- 9 I would hasten to escape \*  
from the stormy wind and tempest."
- 10 Swallow them up, O Lord;  
confound their speech; \*  
for I have seen violence and strife in the city.
- 11 Day and night the watchmen make their rounds  
upon her walls, \*  
but trouble and misery are in the midst of her.
- 12 There is corruption at her heart; \*  
her streets are never free of oppression and deceit.

- 13 For had it been an adversary who taunted me,  
then I could have borne it; \*  
or had it been an enemy who vaunted himself against me,  
then I could have hidden from him.
- 14 But it was you, a man after my own heart, \*  
my companion, my own familiar friend.
- 15 We took sweet counsel together, \*  
and walked with the throng in the house of God.
- 16 Let death come upon them suddenly;  
let them go down alive to the grave; \*  
for wickedness is in their dwellings, in their very midst.
- 17 But I will call upon God, \*  
and the LORD will deliver me.
- 18 In the evening, in the morning, and at noonday,  
I will complain and lament, \*  
and he will hear my voice.
- 19 He will bring me safely back from the battle  
waged against me; \*  
for there are many who fight me.
- 20 God, who is enthroned of old, will hear me and  
bring them down; \*  
they never change; they do not fear God.
- 21 My companion stretched forth his hand against his comrade; \*  
he has broken his covenant.
- 22 His speech is softer than butter, \*  
but war is in his heart.
- 23 His words are smoother than oil, \*  
but they are drawn swords.
- 24 Cast your burden upon the LORD,  
and he will sustain you; \*  
he will never let the righteous stumble.

25 For you will bring the bloodthirsty and deceitful \*  
down to the pit of destruction, O God.

26 They shall not live out half their days, \*  
but I will put my trust in you.

*Glory to the Father, and to the Son, and to the Holy Spirit:\**  
*As it was in the beginning, is now, and will be for ever. Amen.*

## The Lesson

*Officiant*      A Reading from the Letter of Paul to the Philippians  
*Chapter 4 verses 1 through 13*

Therefore, my brethren, whom I love and long for, my joy and crown, stand firm thus in the Lord, my beloved. I entreat Eu-o'dia and I entreat Syn'tyche to agree in the Lord. And I ask you also, true yokefellow, help these women, for they have labored side by side with me in the gospel together with Clement and the rest of my fellow workers, whose names are in the book of life. Rejoice in the Lord always; again I will say, Rejoice. Let all men know your forbearance. The Lord is at hand. Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which passes all understanding, will keep your hearts and your minds in Christ Jesus. Finally, brethren, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence, if there is anything worthy of praise, think about these things. What you have learned and received and heard and seen in me, do; and the God of peace will be with you. I rejoice in the Lord greatly that now at length you have revived your concern for me; you were indeed concerned for me, but you had no opportunity. Not that I complain of want; for I have learned, in whatever state I am, to be content. I know how to be abased, and I know how to abound; in any and all circumstances I have learned the secret of facing plenty and hunger, abundance and want. I can do all things in him who strengthens me.

*Officiant*      The Word of the Lord.  
*People*          Thanks be to God.

**14 A Song of Penitence** *Kyrie Pantokrator*  
*Prayer of Manasseh 1-2, 4, 6-7, 11-15*

O Lord and Ruler of the hosts of heaven, \*  
God of Abraham, Isaac, and Jacob,  
and of all their righteous offspring:  
You made the heavens and the earth, \*  
with all their vast array.  
All things quake with fear at your presence; \*  
they tremble because of your power.  
But your merciful promise is beyond all measure; \*  
it surpasses all that our minds can fathom.  
O Lord, you are full of compassion, \*  
long-suffering, and abounding in mercy.  
You hold back your hand; \*  
you do not punish as we deserve.  
In your great goodness, Lord,  
you have promised forgiveness to sinners, \*  
that they may repent of their sin and be saved.  
And now, O Lord, I bend the knee of my heart, \*  
and make my appeal, sure of your gracious goodness.  
I have sinned, O Lord, I have sinned, \*  
and I know my wickedness only too well.  
Therefore I make this prayer to you: \*  
Forgive me, Lord, forgive me.  
Do not let me perish in my sin, \*  
nor condemn me to the depths of the earth.  
For you, O Lord, are the God of those who repent, \*  
and in me you will show forth your goodness.  
Unworthy as I am, you will save me,  
in accordance with your great mercy, \*  
and I will praise you without ceasing all the days of my life.  
For all the powers of heaven sing your praises, \*  
and yours is the glory to ages of ages. Amen.

**The Apostles' Creed**

I believe in God, the Father almighty,  
maker of heaven and earth;  
And in Jesus Christ his only Son our Lord;  
who was conceived by the Holy Ghost,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, dead, and buried.  
He descended into hell.

The third day he rose again from the dead.  
He ascended into heaven,  
and sitteth on the right hand of God the Father almighty.  
From thence he shall come to judge the quick and the dead.  
I believe in the Holy Ghost,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

## The Prayers

*Officiant*      The Lord be with you.

*People*          And with thy spirit.

*Officiant*      Let us pray.

### *Officiant and People*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.

## Suffrages A

V. O Lord, show thy mercy upon us;  
R. And grant us thy salvation.  
V. Endue thy ministers with righteousness;  
R. And make thy chosen people joyful.  
V. Give peace, O Lord, in all the world;  
R. For only in thee can we live in safety.  
V. Lord, keep this nation under thy care;  
R. And guide us in the way of justice and truth.  
V. Let thy way be known upon earth;  
R. Thy saving health among all nations.  
V. Let not the needy, O Lord, be forgotten;  
R. Nor the hope of the poor be taken away.

- V. Create in us clean hearts, O God;  
R. And sustain us with thy Holy Spirit.

*The Officiant then says one or more Collects*

Collect of the Day

O Lord God, whose blessed Son our Savior gave his back to the smiters and hid not his face from shame: Grant us grace to take joyfully the sufferings of the present time, in full assurance of the glory that shall be revealed; through the same Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*

A Collect for Grace on p. 57

O Lord, our heavenly Father, almighty and everlasting God, who hast safely brought us to the beginning of this day: Defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that we, being ordered by thy governance, may do always what is righteous in thy sight; through Jesus Christ our Lord. *Amen.*

A Collect for Mission on p. 58

Lord Jesus Christ, who didst stretch out thine arms of love on the hard wood of the cross that everyone might come within the reach of thy saving embrace: So clothe us in thy Spirit that we, reaching forth our hands in love, may bring those who do not know thee to the knowledge and love of thee; for the honor of thy Name. *Amen.*

A Collect for the Unity of the Human Family

O God, thou hast made us in thine own image and redeemed us through thy Son Jesus Christ, the Prince of Peace: Give us grace seriously to lay to heart the great dangers we are in by our unhappy and unjust divisions; look with compassion on the whole human family; take away the arrogance and hatred which infect our hearts; break down the walls that separate us; and work through our struggles and confusion to accomplish thy purposes on earth; that we may be united in one holy bond of truth, and justice, peace and love; through Jesus Christ our Lord. *Amen.*

**The Parish Prayer List**

We pray for all those on our [Parish Prayer List](#) either aloud or in silence. We also make our personal prayers here as well. Please use the Pause Button for whatever amount of time needed.

*After a moment of silence...*

*Officiant* Lord in thy mercy  
*All* Hear our prayer.

**The General Thanksgiving**

Almighty God, Father of all mercies,  
we thine unworthy servants  
do give thee most humble and hearty thanks  
for all thy goodness and loving-kindness  
to us and to all men.  
We bless thee for our creation, preservation,  
and all the blessings of this life;  
but above all for thine inestimable love  
in the redemption of the world by our Lord Jesus Christ;  
for the means of grace, and for the hope of glory.  
And, we beseech thee,  
give us that due sense of all thy mercies,  
that our hearts may be unfeignedly thankful;  
and that we show forth thy praise,  
not only with our lips, but in our lives,  
by giving up our selves to thy service,  
and by walking before thee  
in holiness and righteousness all our days;  
through Jesus Christ our Lord,  
to whom, with thee and the Holy Ghost,  
be all honor and glory, world without end. *Amen.*

*Officiant* Let us bless the Lord.  
*All* Thanks be to God.

*Officiant* Glory to God whose power, working in us, can do infinitely  
more than we can ask or imagine: Glory to him from  
generation to generation in the Church, and in Christ Jesus  
for ever and ever. *Amen.*