

Daily Morning Prayer:

Rite One

Friday, March 11, 2022

The Invitatory and Psalter

Officiant O Lord, open thou our lips.

People And our mouth shall show forth thy praise.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Officiant The Lord is full of compassion and mercy:

People O come, let us adore him.

The Invitatory, Psalm 95

O come, let us sing unto the LORD; *

let us heartily rejoice in the strength of our salvation.

Let us come before his presence with thanksgiving *

and show ourselves glad in him with psalms.

For the LORD is a great God, *

and a great King above all gods.

In his hand are all the corners of the earth, *

and the strength of the hills is his also.

The sea is his, and he made it, *

and his hands prepared the dry land.

O come, let us worship and fall down, *

and kneel before the LORD our Maker.

For he is the LORD our God, *

and we are the people of his pasture

and the sheep of his hand.

O worship the LORD in the beauty of holiness; *

let the whole earth stand in awe of him.

For he cometh, for he cometh to judge the earth, *

and with righteousness to judge the world

and the peoples with his truth.

Harden not your hearts,

as your forebears did in the wilderness, *

at Meribah, and on that day at Massah,

when they tempted me.

They put me to the test, *

though they had seen my works.

Forty years long I detested that generation and said, *

"This people are wayward in their hearts;

they do not know my ways."

So I swore in my wrath, *
"They shall not enter into my rest."

Psalm 40 *Expectans, expectavi*

- 1 I waited patiently upon the LORD; *
he stooped to me and heard my cry.
- 2 He lifted me out of the desolate pit, out of the mire and clay; *
he set my feet upon a high cliff and made my footing sure.
- 3 He put a new song in my mouth,
a song of praise to our God; *
many shall see, and stand in awe,
and put their trust in the LORD.
- 4 Happy are they who trust in the LORD! *
they do not resort to evil spirits or turn to false gods.
- 5 Great things are they that you have done, O LORD my God!
how great your wonders and your plans for us! *
there is none who can be compared with you.
- 6 Oh, that I could make them known and tell them! *
but they are more than I can count.
- 7 In sacrifice and offering you take no pleasure *
(you have given me ears to hear you);
- 8 Burnt-offering and sin-offering you have not required, *
and so I said, "Behold, I come.
- 9 In the roll of the book it is written concerning me: *
'I love to do your will, O my God;
your law is deep in my heart.'
- 10 I proclaimed righteousness in the great congregation; *
behold, I did not restrain my lips;
and that, O LORD, you know.

- 11 Your righteousness have I not hidden in my heart;
I have spoken of your faithfulness and your deliverance; *
I have not concealed your love and faithfulness from the
great congregation.
- 12 You are the LORD;
do not withhold your compassion from me; *
let your love and your faithfulness keep me safe for ever,
- 13 For innumerable troubles have crowded upon me;
my sins have overtaken me, and I cannot see; *
they are more in number than the hairs of my head,
and my heart fails me.
- 14 Be pleased, O LORD, to deliver me; *
O LORD, make haste to help me.
- 15 Let them be ashamed and altogether dismayed
who seek after my life to destroy it; *
let them draw back and be disgraced
who take pleasure in my misfortune.
- 16 Let those who say "Aha!" and gloat over me be confounded, *
because they are ashamed.
- 17 Let all who seek you rejoice in you and be glad; *
let those who love your salvation continually say,
Great is the LORD!"
- 18 Though I am poor and afflicted, *
the Lord will have regard for me.
- 19 You are my helper and my deliverer; *
do not tarry, O my God.

Psalm 54 *Deus, in nomine*

- 1 Save me, O God, by your Name; *
in your might, defend my cause.
- 2 Hear my prayer, O God; *
give ear to the words of my mouth.

- 3 For the arrogant have risen up against me,
and the ruthless have sought my life, *
those who have no regard for God.
- 4 Behold, God is my helper; *
it is the Lord who sustains my life.
- 5 Render evil to those who spy on me; *
in your faithfulness, destroy them.
- 6 I will offer you a freewill sacrifice *
and praise your Name, O LORD, for it is good.
- 7 For you have rescued me from every trouble, *
and my eye has seen the ruin of my foes.

*Glory to the Father, and to the Son, and to the Holy Spirit: *
As it was in the beginning, is now, and will be for ever. Amen.*

The Lesson

Officiant A Reading from the First Letter of Paul to the Corinthians
Chapter 3 verses 16 through 23

Do you not know that you are God's temple and that God's Spirit dwells in you? If any one destroys God's temple, God will destroy him. For God's temple is holy, and that temple you are. Let no one deceive himself. If any one among you thinks that he is wise in this age, let him become a fool that he may become wise. For the wisdom of this world is folly with God. For it is written, "He catches the wise in their craftiness," and again, "The Lord knows that the thoughts of the wise are futile." So let no one boast of men. For all things are yours, whether Paul or Apol'los or Cephas or the world or life or death or the present or the future, all are yours; and you are Christ's; and Christ is God's.

Officiant The Word of the Lord.
People Thanks be to God.

14 A Song of Penitence *Kyrie Pantokrator*
Prayer of Manasseh 1-2, 4, 6-7, 11-15

O Lord and Ruler of the hosts of heaven, *
God of Abraham, Isaac, and Jacob,
and of all their righteous offspring:
You made the heavens and the earth, *
with all their vast array.
All things quake with fear at your presence; *
they tremble because of your power.
But your merciful promise is beyond all measure; *
it surpasses all that our minds can fathom.
O Lord, you are full of compassion, *
long-suffering, and abounding in mercy.
You hold back your hand; *
you do not punish as we deserve.
In your great goodness, Lord,
you have promised forgiveness to sinners, *
that they may repent of their sin and be saved.
And now, O Lord, I bend the knee of my heart, *
and make my appeal, sure of your gracious goodness.
I have sinned, O Lord, I have sinned, *
and I know my wickedness only too well.
Therefore I make this prayer to you: *
Forgive me, Lord, forgive me.
Do not let me perish in my sin, *
nor condemn me to the depths of the earth.
For you, O Lord, are the God of those who repent, *
and in me you will show forth your goodness.
Unworthy as I am, you will save me,
in accordance with your great mercy, *
and I will praise you without ceasing all the days of my life.
For all the powers of heaven sing your praises, *
and yours is the glory to ages of ages. Amen.

The Apostles' Creed

I believe in God, the Father almighty,
maker of heaven and earth;
And in Jesus Christ his only Son our Lord;
who was conceived by the Holy Ghost,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead, and buried.
He descended into hell.

The third day he rose again from the dead.
He ascended into heaven,

and sitteth on the right hand of God the Father almighty.
From thence he shall come to judge the quick and the dead.
I believe in the Holy Ghost,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers

Officiant The Lord be with you.
People And with thy spirit.
Officiant Let us pray.

Officiant and People

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.

Suffrages A

V. O Lord, show thy mercy upon us;
R. And grant us thy salvation.
V. Endue thy ministers with righteousness;
R. And make thy chosen people joyful.
V. Give peace, O Lord, in all the world;
R. For only in thee can we live in safety.
V. Lord, keep this nation under thy care;
R. And guide us in the way of justice and truth.
V. Let thy way be known upon earth;
R. Thy saving health among all nations.
V. Let not the needy, O Lord, be forgotten;
R. Nor the hope of the poor be taken away.
V. Create in us clean hearts, O God;
R. And sustain us with thy Holy Spirit.

The Officiant then says one or more Collects

Collect of the Day

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. *Amen.*

A Collect for Fridays on p. 56

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through the same thy Son Jesus Christ our Lord. *Amen.*

A Collect for Mission on p. 58

Lord Jesus Christ, who didst stretch out thine arms of love on the hard wood of the cross that everyone might come within the reach of thy saving embrace: So clothe us in thy Spirit that we, reaching forth our hands in love, may bring those who do not know thee to the knowledge and love of thee; for the honor of thy Name. *Amen.*

The Parish Prayer List

After the parish prayer list, the Officiant will offer a moment of silence.

Officiant Lord in thy mercy
All Hear our prayer.

The General Thanksgiving

Almighty God, Father of all mercies,
we thine unworthy servants
do give thee most humble and hearty thanks
for all thy goodness and loving-kindness
to us and to all men.
We bless thee for our creation, preservation,
and all the blessings of this life;
but above all for thine inestimable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we beseech thee,
give us that due sense of all thy mercies,

that our hearts may be unfeignedly thankful;
and that we show forth thy praise,
not only with our lips, but in our lives,
by giving up our selves to thy service,
and by walking before thee
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with thee and the Holy Ghost,
be all honor and glory, world without end. *Amen.*

Officiant Let us bless the Lord.

All Thanks be to God.

Officiant Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. *Amen.*